



Alternative Provision



Infinite Wellbeing

Based in Heanor, Infinite Wellbeing is a place to come together for food, activities, youth activities, community events and support.

We provide a constant buzz of activities and friendly faces ready to guide you, whether you're looking for support, a listening ear, or a chance to join in with something exciting.

Our aim is to create a safe space with something for the whole community to enjoy.

At Infinite Wellbeing, we know that having a good support network is vital. We all go through difficult times in our lives. Having a strong community support network makes a huge difference in helping people cope and get through those tough times. Our community, people focussed offer and opportunities include;

- Community Centre
- Children's Role Play
- Cafe
- Treatment Room
- Enrichment Workshops
- Alternative Provision
- Youth Provision





Alternative Provision at Infinite Wellbeing

At Infinite Wellbeing Education, we provide a comprehensive and supportive alternative provision service tailored to meet the unique needs of our students.

Our programme is designed to foster academic success, personal growth, and social & emotional development in a nurturing environment.

Our inclusive and holistic approach helps students develop confidence, resilience, and essential life skills.

Our Alternative Provision, alongside our Community Centre, offers valuable work experience opportunities within the community to provide real life experiences for our students.

Our small class sizes and high staff-to-student ratio enable us to provide personalised attention and care.

By referring students to Infinite Wellbeing Education, schools and parents can ensure that every young person has the opportunity to succeed, no matter their circumstances.

We deliver a range of ASDAN courses and qualifications from Entry Level 1 to Level 3.

We also deliver our own CPD accredited Wellbeing Programme, SEND specific sessions and nurture sessions.

Please see our current timetable below.

Monday	Tuesday	Wednesday	Thursday	Friday
AM Staff Planning and Preparation	AM Hair and Beauty Sports Leadership	AM Hospitality, Food and Nutrition	AM Uniformed Services Health and Social (Childcare)	AM Year 11 careers and employability
PM Staff Planning and Preparation	PM CoPE & Lifeskills	PM Wellbeing Wednesday and Nurture	PM Uniformed Services PSD & Nurture	PM Year 11 Mental Health Session



Our Curriculum:

Hair and Beauty: The Hair and Beauty vocational course will help develop and demonstrate a range of skills through hair and beauty activity and studies both at IWCC and at the Treatment Room. Young people will look at key areas of the industry such as, Customer Services, Nail Services, Basic Hairdressing Techniques, Basic Facial Treatments, Health and Safety and Careers within Hair and Beauty.

Sports and Fitness (including SEND): This intervention actively encourages young people to engage in physical activities and sport with other young people. During the intervention, the young people will take part in a range of different sports and activities which focus on developing communication skills and teamwork whilst supporting them to become more physically fit and active. Young people will learn how to develop sessions through peer leadership.

Hospitality/Food and Nutrition: This intervention is targeted at KS3 and KS4 and helps to support and develop young people to have a healthy relationship with food and cooking. Learners gain skills in budgeting, food preparation and nutrition. Young people will improve their confidence in the kitchen and learn about kitchen safety and food hygiene. They will start by cooking basic foods and move on to more complex meals which they can recreate at home for their families and themselves to live independently. Young people will also have the opportunity to serve the general public in our Infinite Wellbeing Community Café where they can hone their customer service skills.

Health and Social Care (including Childcare): Learning in this area covers child development, physical health, mental health and wellbeing and understanding the specific health and care needs of all types of people. Various topics will be covered e.g. Basic First Aid, Parenting, Alcohol (Use and Abuse), Caring for a Baby, Parenting, Using Medical Services and Medicines. These will all lead into various career opportunities for young learners. Their skills will develop practically in our special Children's Role Play Area.



Our Curriculum:

Lifeskills (including SEND): This intervention is targeted at young people with a particular focus on SEN. Lifeskills sessions will help to show some of our most vulnerable people how to organise, prioritise, travel, study and problem solve. Building confidence will be integral in supporting young people to enter the world with confidence and their head held high. These sessions will be fluid and tailored specifically to the young people's needs after discussion with them and their educational provider.

PSD/Nurture and CoPE: The Certificate of Personal Effectiveness will cover a wide variety of units, including working with others, improving own learning and performance, problem solving, researching areas, communicating and giving presentations. CoPE is an accredited course which will lead to a recognised qualification for the young person. This will run concurrently and will ideally be based around a subject of their choice – potentially following on from the morning sessions.

Primary Nurture and SEND Nurture: Our Primary Nurture and SEND Nurture programmes provide tailored support for students, including those with special educational needs and disabilities, fostering emotional wellbeing and social development. Through personalised learning plans, small group sessions, and a nurturing environment, the programme aims to enhance each child's academic, social, and emotional growth, ensuring they thrive.

All of our courses are ASDAN Awards, young people who enrol on to these will receive qualifications awarded by ASDAN when they leave our provision.



Our Approach:

- Nurturing: Building strong relationships with children and families.
- Inclusive: Creating a welcoming space for all, regardless of background or ability.
- Holistic Development: Supporting children's social, emotional, and academic growth.
- Collaboration: Working closely with parents and other professionals.

Our Provision:

- Experienced and qualified staff with SEND specific training.
- Individual education plans (IEPs).
- Mental health support.
- Access to specialist resources and equipment.
- Opportunities for social interaction and extracurricular activities.
- Small, supportive class sizes for focused attention.
- Sensory-friendly environments to create calm learning spaces.
- Strong partnerships with parents and other professionals.
- Multi-sensory teaching styles with application to real life scenarios.

How We Can Help:

- Address behavioural, emotional, and social difficulties.
- Support children with specific learning needs (e.g., autism, ADHD, dyslexia).
- Provide a safe and calm learning environment.
- Re-engage young people in education.
- Develop practical skills for life.



Next Steps:

Step 1: If you believe Infinite Wellbeing Education to be a suitable provision for your young person please email apteamleader@infinite-wellbeing.co.uk

Step 2: Fill out the attached referral form for your young person. Please fill this out to the best of your ability with all relevant information.

Step 3: Over email we will invite you and the young person for a site visit where we can discuss what options are available for you **AND** for your young person.

Step 4: If all parties are happy to begin placement, we would look forward to welcoming you within 1 - 2 weeks.

Costings:

£185 per young person per day (secondary)

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Contact us for more information on primary prices.

Breakfast and Lunch Provided.

Transport provided on request at additional cost - location dependant.



Youth Activities

Community activities for young people are often overlooked. Not at Infinite Wellbeing!

We have a variety of enrichment activities on offer including sporting activities, crafts and music, all of which are inclusive and accessible to alternative provision students.

Staff will support our students within the sessions, help them form friendships and build relationships. These community sessions have a different style of delivery to our AP sessions and will help young people adapt to group settings in a sport and physical activity or musical environment.

Volunteer and leadership opportunities are also available within our Youth Activities programme.

Infinite Wellbeing Youth Timetable

Monday
Board Games & Dungeons & Dragons
Infinite Community Centre
3-7pm
Open to the public, all ages

Tuesday
Performing Arts and Music (£2)
Infinite Community Centre
4:00-5:15pm
Ages 8-15 Years

Wednesday
Gaming and Youth Hangout
Infinite Community Centre, Heanor
4-6pm
Ages 11-16 Years

Thursday
Girl Power: Sports and Arts
Aldercar High School
3-4pm
Ages 11-16 Years

Friday
Derby County Football
Aldercar High School
5:30-6:30pm
Ages 11-16 Years

For more info please contact Kevin Hatton
youthservices@infinite-wellbeing.co.uk
or 07741787749

All sessions are free of charge (unless stated)

Golf Coaching at the Bunker every Thursday 4-5pm. Limited numbers, booking essential

